

Tom Daniel

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PROFILE

I am a BACP senior accredited counsellor and also work as a trainer and supervisor. I am also on the BACP Register of Counsellors and Psychotherapists.

My practice is rooted in the Person Centred approach. I believe in the client's power and autonomy to direct their own life and healing and rely on the therapeutic relationship to facilitate that process.

I have been a practising counsellor since May 1998 working in a number of different settings with client groups of all ages, and with a wide range of presenting issues. I have experience of working with counselling contracts of various lengths from brief (6 sessions) medium term (up to 20 sessions) and open-ended. My experience also includes client assessment and providing evaluation feedback at the end of counselling.

I am very committed to counselling both professionally and personally. Part of this commitment includes my continuing development as a counsellor, which involves attending training courses and conferences, personal therapy, reading and discussion with colleagues. In particular this involves an active interest in Authentic Movement, which is a movement therapy practice. My commitment also involves being an active member of the counselling community, which includes my participation in PCTScotland, a professional organisation for Person Centred counsellors in Scotland.

I am in regular supervision and have professional liability insurance, which covers me for public liability and professional indemnity up to a value of £1 million.

COUNSELLING EXPERIENCE

EAP Work

2002 - ongoing

I currently work as a freelance counsellor for a number of EAPs providing short term counselling for employees of various companies in Edinburgh.

Private Practice

1999 - ongoing

I have customised facilities in my own home where I run a private counselling and supervision practice and also see EAP clients. For my private clients I offer open-ended counselling contracts.

Pilton Community Health Project

2004 – 2010

I worked as a sessional counsellor for the counselling service at this community health project in a deprived area of Edinburgh. Clients were offered open-ended counselling contracts that were free.

Broomhouse Counselling Service

2000 – 2004

I was a sessional counsellor for this service, which is part of a community health project in a deprived area of Edinburgh. The service provided free counselling contracts of up to 6 sessions.

Number 21 Counselling Service

1998 – 2004

I was a sessional counsellor for this large voluntary agency that provided a general counselling service for the Edinburgh area. Clients were offered counselling contracts of up to 20 sessions.

SUPERVISION EXPERIENCE

I have been running a private supervision practice since September 2003. I have experience of supervising both trainee and experienced counsellors who work in various settings. I have supervised students on the Persona, Strathclyde University, Edinburgh University and Interface Diploma courses.

TRAINING EXPERIENCE

My experience of delivering counselling training is shown below.

- 2005 Pilton Community Health Project COSCA certificate in counselling Module 1
- 2003 – 08 Stevenson College Edinburgh Introduction to Counselling. 36 hrs National Certificate course
- 2003 Persona Training And Development Half day workshop on evaluation
- 2002 COSCA Research Conference Presentation "How Counsellors Evaluate Their Practice"

Since Sept 2005 I have worked as a personal tutor on the Edinburgh University Postgraduate Counselling Diploma. I have also supervised students doing their research dissertation for the MSc in Counselling Studies at Edinburgh University.

Research and Development

- Weighing up the evidence: A qualitative analysis of how person-centred counsellors evaluate their practice. Published in CPR Vol. 6 No. 4 Dec 2006
- Needs Assessment Report, Pilton Counselling Service, 2007
- I have developed a number of client databases for counselling services

PROFESSIONAL ACCREDITATION

BACP Individual Counsellor Accreditation 2002
UKRC Registered Independent Counsellor 2002
BACP Senior Accredited Counsellor 2008

COUNSELLING QUALIFICATIONS

Institute: Stevenson College Edinburgh (1996 – 1997)
Qualification: COSCA Certificate in Counselling Skills

Institute: Persona Development and Training (1998 – 2000)
Qualification: Diploma in Person Centred Counselling (BACP Accredited Course)

Institute: Psychology Matters (2002)
Qualification: Certificate in Person Centred Brief Therapy

Institute: Abertay University (2001 - 2003)
Qualification: MSc in Counselling Studies

Institute: PCT Britain (2003 – 2004)
Qualification: Certificate in Supervision

CAREER HISTORY

Employer: Self Employed (2000 - ongoing)
Business: Counselling, training and supervision

Employer: Spider Software Ltd. (1998 – 2002)
Post: Computer Services Manager (part time) (2001 – 2002)
Post: Development Manager (1998 – 2001)

Employer: Shiva Europe Ltd. (1995 – 1998)
Post: Director of Software Engineering

Employer: Spider Systems Ltd. (1989 – 1995)
Post: Software Engineering Manager (1992 – 1995)
Post: Project Consultant (1991 – 1992)
Post: Senior Software Engineer (1989 – 1991)

Employer: University of London Computer Centre (1985 – 1989)
Post: Senior Systems Programmer

Employer: University College London (1980 – 1985)
Post: Research Associate

Employer: Research and Statistics Dept. ILEA (1977 – 1979)
Post: Programmer

Employer: Operational Research Dept., British Rail. (1974 – 1976)
Post: Research Officer

Employer: Voluntary Service Overseas (1972 – 1973)
Post: Teacher

EDUCATION & QUALIFICATIONS

Institute: Imperial College, University of London (1969 – 1972)
Qualification: BSc (1st Class Honours); Physics

Institute: University College London (1979 – 1980)
Qualification: MSc; Computer Science

Institute: Open University (1995, part time)
Qualification: Certificate; Project Management

REFERENCES

1	Current personal supervisor	2	Colleague and friend
	Jim Flowers 2, East Broughton Place Edinburgh EH1 3RP		Carolyn Dougill 9, Promenade Terrace Portobello Edinburgh EH15 1DT
	0131 556 7403		0131 669 3448